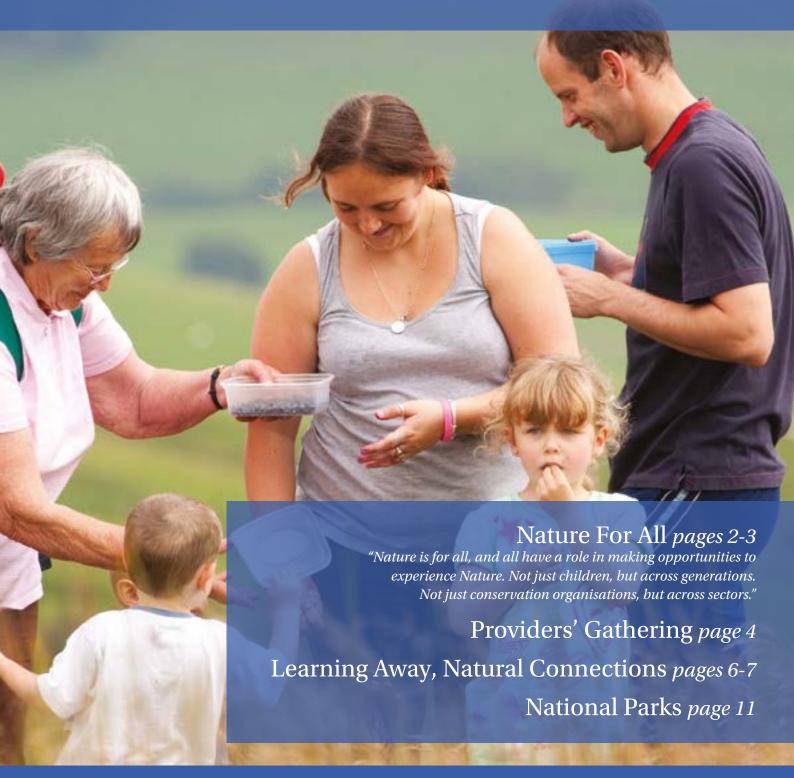
NEWSLETTER

AUTUMN 2016

www.johnmuiraward.org #johnmuiraward







NATURE FOR ALL

From all directions, it seems, comes the message that Nature is for everyone. From community groups to government reports and policies, from third sector campaigns to international pledges, it's a common rallying call in 2016.

At a global level the International Union for the Conservation of Nature (IUCN) gathered 8,500 delegates and President Obama to its recent World Congress in Hawaii (yes, tough gig), titled 'Planet at the Crossroads'. Whilst its Commitments include the sorts of things you might expect - restoration of forests and peatlands, and nature-based solutions to climate change – they also recognise a reliance on the "vitality and innovation" of youth "for a culture of conservation that will endure".

The John Muir Trust signed up, alongside 195 partners worldwide, to the new IUCN #NatureForAll initiative. It's a global movement "to inspire a new generation of thinkers and doers across all sectors of society to connect with nature and take action to support its conservation". At its core is a very simple idea: the more people experience, connect with, and share their love of nature, the more support there will be for its conservation. You'll recognise the John Muir Award as an example of how this can work in practice.

Closer to home, the UK Government, through a new 8-Point Plan, has tasked National Park Authorities in England to engage directly with over 60,000 young people per year through schools visits, to increase the diversity of visitors, and promote volunteering. The Department for Environment, Food and Rural Affairs is drafting a 25 Year Environment Plan in which 'Connecting People with the Environment' will feature.

Natural Connections, a 4-year Natural England-led Demonstration Project, offers significant evidence of the benefits of learning in outdoor environments. Wales' Year of Adventure is promoting inclusive approaches and a full breadth of adventure opportunities from coastlines to mountain tops. In Scotland, a new set of Learning for Sustainability Recommendations place an emphasis on Outdoor Learning as an entitlement for all learners. Young Scot, the national youth information and citizenship agency, is galvanizing action across sectors to make the most of the contributions nature can make to young people's wellbeing – particularly during teenage years.

A note of caution: when talking about the younger generation, let's not over-generalise and oversimplify. Let's avoid giving the impression that all are disconnected from nature, or burden youth with an expectation to 're-connect' themselves, or approach this as a 'bolt-on' issue.

The second State of Nature report, for example, has just been published. While it acknowledges some positive landscape-scale conservation in the last three years, it also paints a sorry tale of the demise of our wildlife - the UK has lost significantly more species over the long term than the global average. 'Connecting children to nature' comes in at page 67. The blanket phrase "our children are disconnected from nature" is used – although levels of connection vary from high to zero and can depend hugely on socio-economic factors - before making the valid point, deserving much more prominence, that "everyone has a role to play...including governments, health professionals, local authorities, schools, families and organisations". This message is clear in a 'Vision for Nature' report from a movement of young people who love nature in the UK. It asks for a "broad realisation that conservation is all about people, not wildlife" and talks of "a future where nature underpins government policy."

Nature is for all, and all have a role in making opportunities to experience Nature. Not just children, but across generations. Not just conservation organisations, but across sectors. It's a widely-held view that making opportunities to experience wild places will lead to society valuing and protecting them – and begin to reverse the declines in the state of our landscapes and nature. The John Muir Trust will continue to play its part, in particular through the many partnerships and breadth of activity arising through the John Muir Award.

Cover image: Family out collecting berries at Stiperstones Ridge, Shropshire, England. Photo credit Peter Cairns/2020VISION

John Muir Award in England gets further support from Heritage Lottery Fund

The Heritage Lottery Fund (HLF) has been the major supporter of John Muir Award in England since 2012, enabling us to have an Education Manager and an Inclusion Manager in post, plus admin and management support and an office base in Matlock. We're delighted that we have been awarded a grant increase of £137k to further support this work through to 2018.

HLF's Board of Trustees recognised that the project is delivering in terms of reaching more people to engage with wild places, and that the team in England is supporting a larger number of organisations from 'inclusion' backgrounds (with small group numbers and benefitting from additional support) than anticipated.

The long-term delivery of the John Muir Award in England depends on strategic partnerships and funding beyond 2018 – HLF support offers much more opportunity to explore this over the next 12-18 months. If we should be talking to you about partnerships at scale, about match funding (which we still need to source), or the legacy of this project beyond 2018, then contact rob@johnmuiraward.org.



Photo credit Moorside School/Cumbria Outdoors





Imagine a woria in narmony and in love with nature...
In which all are aware of the values of a healthy planet.
In which all can experience the earth's natural wonders.
In which all are connected to thriving ecosystems, contributing to them and benefiting from all they have to offer.
In which all have conservation in their hearts and minds.

***NatureForAll** is a global movement to inspire a new generation of thinkers and doers across all sectors of society to connect with nature and take action to support its conservation. At the core is a very simple idea: the more people experience, connect with, and share their love for nature, the more support there will be for its conservation.

The John Muir Trust is registered as a partner. By participating in the John Muir Award, you are already part of this movement – raising awareness, creating opportunities, generating personal connections and commitments to conservation action.

You can also identify your project or programme as being part of #NatureForAll, and use the #NatureForAll hashtag on social media. Find out more at www.natureforall.global





Providers' Gathering, Conserve Audit

Providers' Gathering Royal Botanical Garden, Edinburgh November 8th

By popular demand, we are hosting a networking event for anyone who delivers and supports the John Muir Award. What's it for? To hear from others, network, share good practice, and explore new ways of getting involved.

The day will feature case studies and examples of the John Muir Award in action. We'll be joined for a workshop session on modern-day adventures by Author, Filmmaker, Blogger – and Adventurer – Alastair Humphreys.

Time: 10am - 4pm Location: The Botanic Cottage – an inspirational

hub for community and education activities.
Cost: £20, including lunch and refreshments
Capacity is strictly limited so book early!



The Botanic Cottage – 'simultaneously the newest and oldest building in the Royal Botanic Garden



Adventurer, Author, Blogger, Filmmaker, Speaker Alastair Humphreys

Alastair's latest book Grand Adventures is 'beautiful and instructive if you're itching for an epic adventure'. Check out his website and if so inclined you can follow him on Facebook, Twitter, and Instagram.

For an excellent recent interview, see the GiveLiveExplore website, 'Seven Life Lessons From Alastair Humphreys' www.giveliveexplore.com/2016/09/25/life-lessons-from-alastair-humphreys/

Conserve Audit

As well as a four-page summary of our UK-wide 2015 Conserve Audit, we've produced a range of regional and themed Conserve Audits. These show how John Muir Award activity adds up to make a significant impact on the environment, and its value – not just for the John Muir Trust but for partners, funders, and everyone involved.

Click on links for detailed information on what our Conserve Audit looked like in Scotland, England, Wales; Schools (England, Scotland); National Parks (UK, Scotland, Lake District); Youth Social Action.



If tweeting is your thing, you can follow @JohnMuirTrust, and use #JohnMuirAward.
Or just take a scroll through to see lots of news, images, and examples.



For examples of what people get up to through their John Muir Award involvement, take a look at the 'In Action' page at www.johnmuiraward.org



Professional Recognition in Outdoor Learning and the John Muir Award at Boclair Academy

"Staff across departments are now more confident in taking learning outdoors and finding new ways to creatively develop their skills." Ruth Bone, Principle Teacher for Geography



A volunteer's experience of Loch Lomond & The Trossachs

"Completing a John Muir Award has not just been about taking time to enjoy local wildlife and the National Park, but also about re-awakening a sense of connection with nature." National Park volunteer Maggie McCallum



Break Clear Away

Dave & Isy Pyper reflect on their sabbatical experience spent following in the footsteps of John Muir on a tour of US National Parks. "Standing next to our first 2,000 year old Giant Sequoia was a humbling experience and the start of a most incredible journey."



Muir on the Moor: Forest school for college students
Exeter College Apex students embraced opportunities for collaborative, experiential learning on Dartmoor, adopting a 'John Muir' ethos to consider the intricate ecological balance of wild places as well as their own wellbeing.



3D Drumchapel Family John Muir Award Impact Report

After a series of summer outdoor sessions in wild places both on their doorstep and further afield, 100% of parents and 89% of children said it made them more engaged with their community.100% of parents and children said they had become closer with their family.



'Outstanding Week' of John Muir Award activity

Shropshire Hills partnership uses our engagement initiative in its celebration of Areas of Outstanding Natural Beauty.



Easter 2016

Young people at Tullochan in West Dunbartonshire spend their Easter holiday doing something positive for nature in their local area.



Make Waves Film 2016

Townhill Primary School pupils record their thoughts about why the John Muir Award matters and what their experience means for them.



Boots & Beards John Muir Award training

Leaders are using the John Muir Award to help motivate likeminded adventurers within the Black and Minority Ethnic (BME) community into exploring and promoting Scotland's natural landscape.



Barrow's Wildside

Students from Furness Academy, Barrow achieved their John Muir Awards as part of Cumbria Wildlife Trust's Barrow Wildside project. This beautiful film shows off the wild places on Barrow's doorstep and the thoughts of the students.

Brilliant Residentials

Learning Away #BrilliantResidentials campaign

A new campaign has been launched to encourage schools to provide more residential experiences for children and young people of all ages and from all backgrounds.

The #BrilliantResidentials campaign will promote and champion school trips with an overnight stay and disseminate the compelling findings of 5 years of action research, which has produced overwhelming evidence about the numerous positive impacts a residential experience can have on pupils, staff and the wider school community. They are, of course, great opportunities for immersive experiences in nature and high adventure.

10 guiding principles can transform residentials into highly effective, brilliant residentials, including: being led by teachers; co-designed with students; fully integrated into the curriculum; and affordable for all.

The impact on schools, teachers and on children and young people of all ages can

be huge, improving resilience, achievement, relationships, and engagement with learning.

Learning Away was founded and initially developed by the Paul Hamlyn Foundation and is now led by a consortium of organisations including Youth Hostels Association, Council for Learning Outside the Classroom, and Education Scotland. The campaign calls upon schools, teachers, parents, pupils, residential providers, Initial Teacher Education providers, youth groups and all concerned with the development of young people to pledge to work together to provide more and higher quality #BrilliantResidentials.

The Learning Away website hosts over 100 good practice case studies, plus free resources and material to help 'make the case' for residential experiences to school

leaders, governors, parents and education policy makers.

To join the campaign, access resources and pledge support visit the website www.learningaway.org.uk, follow @LearningAway on twitter and tag #BrilliantResidentials.



Learning for Sustainability in Scotland: a work in progress

Vision 2030+ is a new Education Scotland/Scottish Government report that sets out the vision for Learning for Sustainability in Scotland's schools to 2030. There is summary response from the John Muir Trust on our website, considering an Outdoor Learning perspective.

Recommendation 1, no less, is that 'Progressive and curriculum-led approaches to outdoor learning should continue to be promoted.' That's an open door to jump through. Such statements from Scottish Government and its agencies give opportunities for leverage with politicians, policy makers and purse-string holders. And they're the envy of educators outside Scotland.

The aspiration for Outdoor Learning to contribute to a culture of high quality learning and teaching is explicit – and inspiring. The report talks of effective 3-18 progression across all sectors, and all learners having daily contact with nature. The vision for schools that are 'the beating hearts of vibrant, happy, healthy and sustainable communities' in 2030 includes the following:

"...the outdoor learning experiences that were embedded within Curriculum for Excellence will have borne much fruit. Our young people will have a love for nature and will marvel at our magnificent landscapes and seascapes. They will have a marvellous sense of their place in the natural world and they will seek the outdoors

regularly for adventure, discovery, recovery, leisure, work, exercise and enjoyment. Scotland will have the cleanest rivers, streets and air to breathe because our young people, through their citizen science and environmental volunteering activities, will have worked hard to protect their local and national environment.



www.johnmuiraward.org What's New page

Natural Connections

Earlier this summer the findings of the Natural Connections Demonstration Project, a 4 year outdoor learning project working with 125 schools across south west England, were shared. Funded by Natural England, DEFRA and Historic England it encouraged schools, especially those in deprived communities, to use their grounds and local greenspaces more often for learning across the curriculum.



The project provides strong evidence that learning outdoors has multiple benefits for school children. 92 per cent of teachers surveyed said that pupils were more engaged with learning when outdoors, and 85 per cent saw a positive impact on their behaviour. These outcomes are now being used by practitioners and decision-makers across the UK.

Want to know more?

- Read the press release England's Largest Outdoor Learning Project Reveals Children more Motivated to Learn When Outside and the full Natural Connections project final report
- Watch a film about the project (11 mins)
- Read a blog from Jim Burt, Natural England's Principal Adviser for Outdoor Learning, *Busting the Myths Around Outdoor Learning in Schools*, addressing curriculum and extra-curricular context, trips and residentials, and impact.

Speaking at the launch of the findings, Natural England's Chairman, Andrew Sells, said: "The Natural Connections project has empowered teachers to make the most of what's right on their doorstep and helped children experience the joy of the natural environment. It's brought a real culture change into schools, making learning in the outdoors

a regular part of school life – and it's inspiring to see children more engaged with learning and happier and healthier as a result."

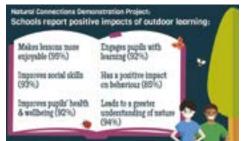
A brand new free-to-download teachers' guide, Transforming Outdoor Learning in Schools – Lessons from the Natural Connections Demonstration Project, has just been published featuring practical advice on how teachers can successfully embed Outdoor Learning in their school as well as first hand views from those involved.

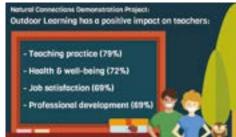
www.plymouth.ac.uk/research/oelres-net/transforming

Get evidence-savvy quickly

Natural England has a range of papers under the banner 'Access to Evidence': Outdoors for all. These Publications relate to ensuring everyone has fair access to a good quality natural environment. Search using these keywords or click here.







The John Muir Award Proposal Form

We use a Proposal Form to learn about your plans, discuss any queries you may have, and create the best possible picture of what each John Muir Award will encompass. It's a really useful reference for us, and for you: as a planning tool with colleagues, for discussing with those getting involved, and for reviewing your John Muir Award activity at the end of your proposed time period.

Importantly, it's NOT an application form - it doesn't have to be perfect when first submitted. It can be a starting point for dialogue and sharing ideas. It forms the basis of our agreement with each Award Provider, showing what will be done by each participant to achieve their own John Muir Award.

The best reference point for more guidance is our Information Handbook, available to download from www.johnmuiraward.org. Remember, if you are unsure of what to put on the Proposal Form you can contact your regional John Muir Award Manager.

if you are doing a self-guided Award. This is how we will list John Muir Award Proposal Form Outline your activity and describe how you will meet the Four John Muir Award Challenges This Proposal Form is an aid to your planning and delivery of a John Muir Award, at Discovery, Explorer or Conserver Level. It enables Award staff to offer support and advice, and helps ensure that your Proposal will lead to successful completion of Awards. Responsibility for ensuring adequate health & safety, legal and insurance arrangements lies with the group/organisation (or individual/ family) that is setting up activity towards achieving John Muir Awards. Refer to the key documents page at johnmuiraward.org for Information Handbook and Award criteria. Send a copy of your Proposal Form to your appropriate regional Award contact at least 2 weeks before starting. If not known, please click on the contact page at johnmuiraward.org. Alternatively, send to info@johnmuiraward.org, or John Muir Award, 41 Commercial Street, Edipburgh EH6 6JD contact person date supporting your activity here. It could be a local group/organisation or individual/family ranger team, an outdoor centre, or a National address postcode phone e-mail mobile web Are any organisations or partners helping towards this Award? Summary of Award Proposal Select Award level Discovery / Explorer / Conserver working towards? We recommend starting at Discovery level. Once s such as: who the group is, age ranges, group size, any referral process, other relevant points Start date Finish date E.g. number of days, hours spent per week, residential length Estimated time commitment Is any evaluation taking place for this activity/work/project? How many people are participating? participants leaders/staff 1: Download print-ready PDF from website key documents page for free OR before you wish to start.
This gives us opportunity to discuss any issues with you, 2: Request hard copies (£1 per copy) You can be flexible – your activity might take the form (residential, expedition), or may be a series of short

Top Tips

Outline how you plan for all individuals involved to meet the Four John Muir Award Challenges.

See johnmuiraward.org for information, resources, ideas and case studies. Consider how you will introduce John Muir into your Award activity. Discover a wild place Where/what is your wild place Tell us what you'll do to increase (or places)? your awareness and This can be school grounds, local understanding. How will you park, beach, woods, river, experience, enjoy and find out mountain or national park.. more about your wild place(s)? You might: Where will your activity take place? Visit it at different times of day and (Note all the places you will visit). What is the natural character of night, in different seasons, alone or with others. Travel extensively – walk, camp, your chosen place(s)? What makes it special for you/your bike, canoe, group? Why is it a suitable place for your Sit, look, listen - engage senses. Identify and find out more about landscapes, habitats and living Award activity? things (biodiversity), and how they connect. Make maps. Take photographs. Research local geology, natural and cultural history Conserve it Share your experiences How will you care for your wild Tell others about what you've place(s), take some personal responsibility, make a difference, done - experiences, achievements, feelings, what's put something back? been learned. Celebrate! Take practical action for nature -Reflect, review and discuss your wildlife or pollution surveys, litter picks and audits, tree or shrub adventures and experiences in wild places – do this during as well as planting, grow plants for wildlife or after, informally or more formally. clear invasive plants, create or You might: monitor habitats. Make a display of photos, drawings, Campaign and inform others to stories, poems, artwork. highlight an environmental issue or help protect a wild place. Make a group diary – as a book, wall display or film. Apply minimum impact approaches to your activity. Organise a presentation. Lead a guided walk around your wild place(s). Use newsletters, websites and social media.

Join the John Muir Trust

In recognition of what John Muir Award Providers and supporters do for wild places, we are offering the chance to join the Trust for half price. Become a member and receive a welcome pack plus two further copies each of our Journal and Members' News publications, plus receive discount in many outdoor retailers.

www.johnmuirtrust.org/join Use promo code: AWARD

We value your opinion – Membership Research Panel

We are looking for people to join a Membership Research Panel – a group of members (Individual or Group Members of the John Muir Trust) willing to feedback on important issues affecting the running of the Trust and its future direction.

Those who sign up will be contacted up to a maximum of four times per year. This may involve completing a questionnaire, taking part in a telephone call or discussion group or being invited to events in your local area. Those who join the Membership Research Panel can participate as much or as little as they want and can opt out at any time. All information provided will be confidential; research will be in accordance with the Market Research Society Code of Professional Conduct; personal data will be stored securely in line with the Data Protection Act; data will not be used for any other purposes except for the running and management of our Research Panel and in support of the Trust's work; details will not be shared with any other organisation and all information and responses provided by you will be kept anonymous.

If you have any questions or would like to join the Trust's Membership Research Panel please email Head of Communications and Membership Kevin.Lelland@johnmuirtrust.org, or call 01796 470080.

John Muir Award Record eBook – Experience it, record it, share it

This autumn we launch a brand new free resource – the John Muir Award Record eBook.

Since the John Muir Award started people have chosen to record experiences in words, pictures & sketches (and much more) by using a John Muir Award Record Book. Now, a webbased Record eBook can be used to capture what participants do, see, sense, and find out – through quotes, poems & stories, songs & sounds, films & pictures...

The Record eBook will be available to use anywhere - through smart phones, tablets, laptops and interactive smart boards. Use it in wild places or back at the centre, home or classroom.

It allows experiences to be shared with friends, family, colleagues and stakeholders – on mobile devices and easily through social media links. It can be used as part of reviews,

presentations, record of achievements, end of year celebrations, or simply as a personal memento of what's been done. There is scope to filter and search for John Muir Award activity recorded by other groups and individuals across the UK, to be inspired by what others are doing, share good practice and help celebrate achievements.

Hard-copies of the Record Book are still available (£1 each), and there's a free pdf download online. Groups are, of course, welcome to continue creating their own ways to record and share experiences.

The John Muir Award Record eBook has been created in partnership and with financial support from Loch Lomond & The Trossachs National Park and Heritage Lottery Fund.



We'll be announcing the launch of the Record eBook through our e-bulletin, web news section and via social media.

We've been developing our presence with National Parks throughout 2016 in various ways

Defra's 8-Point Plan

This new plan sets out an ambition to put National Parks at the heart of the way we think about the environment and how they are managed for future generations. It includes a renewed focus on young people and nature, encouraging more diverse visitors and more volunteering, and realising the immense health and wellbeing potential through experiencing National Parks. With an active presence in all 15 UK National Parks and strategic partnerships with a number of National Park Authorities, the John Muir Trust is already making a strong contribution, and has more potential to help realise Defra's ambition.

A John Muir Trust response to the 8-Point Plan for England's National Parks (Defra) is available online (see Latest, 12 Sept 2016)

National Parks Resource Guide

We've updated our National Parks Resource Guide, with information and useful links to find out more about them. You can find a range of Resource Guides - including Biodiversity, Campaigning, Outdoor Learning, Surveys, Wildlife Gardening, Outdoor Access, Sustainability and John Muir - on the Key Resources web page.

Sattlemal Park



A Campaign for National Parks blog highlights John Muir Award activity across all fifteen of the UK National Parks. It's on their blog page at www.cnp.org.uk/blog/john-muir-award



On September 21st, London's Royal Festival Hall played host not to a concert or a conference, but a community gathering. The esteemed venue has likely never welcomed such a mixed bag of speakers and performers onto its vast stage. Their purpose? To give a collective heave – along with an audience of the committed and the curious - to the campaign to make London the world's first National Park City.

Read an account of the evening on the John Muir Trust Latest web pages (27 September 2017).



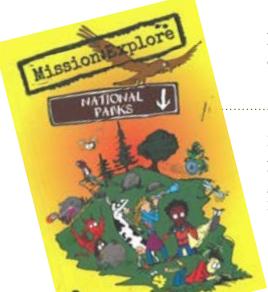
Above: A Community Gathering at London's Royal Festival Hall. Right: Danny Boyle in National Park City



A 6 minute film featuring an array of endorsements and diverse perspectives explains the concept of a National Park City. To watch it, plus 2 minute films about waterways, outdoor learning, being wild, and parks, go to www.nationalparkcity.london/videos



A handy book of 49 quirky missions full of challenge and adventure (including 'Achieve a John Muir Award') and information about all 15 National Parks. It is available now for £5 from UK National Parks or at many National Park Visitor Centres. It's an excellent companion to the ever popular Mission:Explore John Muir.



WILD NATURE DIARY AND CALENDAR 2017

The John Muir Trust's Wild Nature Diary 2017 and 2017 Calendar are available to buy from our online shop www.johnmuirtrust.org/shop

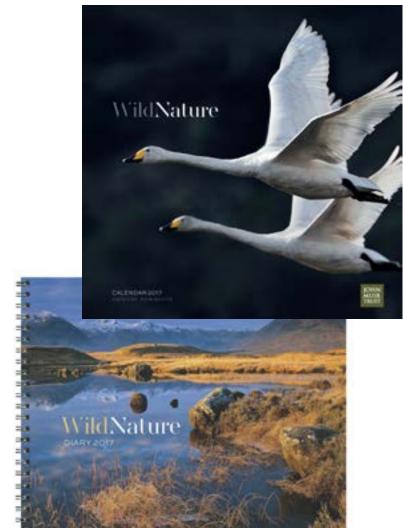
Besides the stunning images for which it is well known, the Diary includes passages from editor/photographer John Beatty and a Foreword by writer Robert Macfarlane.

"Every property belonging to the John Muir Trust is like an island, a distinctive pocket of land, often with its unique habitats, often supporting burgeoning biodiversity, and needing our help to retain its natural balance. Woodland regeneration projects, footpath stabilisation, habitat restoration are key to the management of wild land – to keep it wild. And the returning gift is a re-creative space for us to enjoy."

John Beatty

"The John Muir Trust is, to my mind, one of the most forward-thinking and intelligent bodies at work in Britain today with regard to landscape and legacy. Time and again, I find myself inspired by the Trust's vision. Inspired by its social commitment to bringing young people into contact with wildness through the John Muir Award. Inspired by the imagination and creativity of its outreach activities (a graphic novel of the life of Muir!). Inspired by its readiness to test and challenge its own assumptions (inviting Chris Packham to give the annual John Muir Trust lecture). Inspired, too, by its management policies, which seek to integrate people, creatures and places in the spirit of Aldo Leopold's famous 'land ethic.' These days, the Trust moves sharply, thinks smartly and acts bravely."

Robert Macfarlane



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